



**1 June 2018**

To Whom It May Concern,

This is to certify that **Yu Youjing**, a student from Hwa Chong Institution College Section, was a volunteer with a Singapore Son-Rise Program® family, running a Son-Rise Program® to help their child with autism. This involved weekly play sessions using the Son-Rise Program® techniques taught to her by the parent who attended The Son-Rise Program® Start-Up, a training course run by the Autism Treatment Centre of America, sponsored by Embrace Autism Limited Singapore. **Youjing** started volunteering with the family in February 2017 and has done 140 hours to date.

The Son-Rise Program® teaches a specific and comprehensive system of treatment and education designed to help families and caregivers enable their loved ones with autism to dramatically improve in all areas of learning, development, communication and skill acquisition. It offers highly effective educational techniques, strategies and principles for designing, implementing and maintaining a stimulating, high-energy, one-on-one, home-based, child-centered program.

Volunteers form a central part of the program, and enable the child to learn social and relational skills in a safe and encouraging environment. They contribute greatly to the child's progress, and in the process, learn many different things, including cultivating a positive attitude to challenges, how to plan and execute games to engage the child in active learning; use of affirmation in inspiring growth, and even how to challenge their own limiting beliefs to enable personal growth and development.

Being a volunteer in a child's Son-Rise Program is a wonderful act of love and kindness, and the skills she has learnt through this will no doubt stand her in good stead in her future endeavours.

Sincerely,

A handwritten signature in black ink that reads "Suzanne Goh". The signature is fluid and cursive, with a horizontal line underneath the name.

Suzanne Goh  
Director  
Embrace Autism Singapore